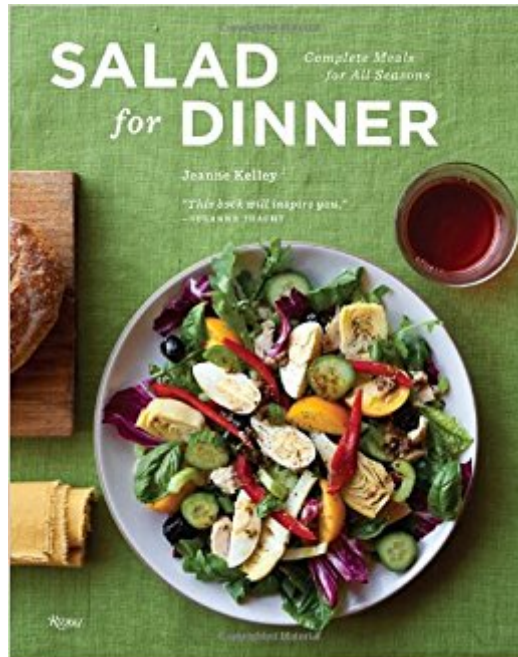




Ebook Directory
the best source of ebook

The book was found

Salad For Dinner: Complete Meals For All Seasons



Synopsis

A celebration of contrasts in color, flavor, and texture—•an artfully prepared salad is one of the most appealing dishes to eat, engaging all the senses. It is a basic culinary fact but often overlooked: a salad packs the most flavor because the dressing coats every bite. And with the right combination, a salad can be a full meal in itself. • We all know it is healthier to eat more vegetables and whole grains. But how do you do so on a daily basis? This book reframes the question: Why not make greens the foundation of the plate? Smart, imaginative ideas abound: kale with lemon, parmesan, and almonds; Indonesian chicken salad with pineapple slaw; and salmon with quinoa, sorrel, and yogurt. There are super-hearty salads to satisfy even the biggest appetites, such as Korean barbecue beef salad; duck confit with fingerlings and frisee; and buttermilk fried chicken salad. These recipes help us break out of the “meat-and-three” box, leading to a new way of thinking about dinner.

Book Information

Hardcover: 208 pages

Publisher: Rizzoli (March 27, 2012)

Language: English

ISBN-10: 0847838250

ISBN-13: 978-0847838257

Product Dimensions: 8.2 x 0.9 x 10.1 inches

Shipping Weight: 2.6 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 51 customer reviews

Best Sellers Rank: #112,749 in Books (See Top 100 in Books) #32 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Salads #420 in Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy #1817 in Books > Cookbooks, Food & Wine > Special Diet

Customer Reviews

"Whether you're making a weeknight dinner for the family or a weekend party for a crowd, this is the book you'll reach for time and again. Salad for Dinner should be subtitled: gorgeous, satisfying, surprising meals you'll want all through the year."--Dorie Greenspan, author of *Around My French Table*—“Jeanne’s book is a brilliant new take on salads—•smart, thoughtful and full of stunning flavor combinations.”—•Kim Boyce, author of the James Beard Award-winning *Good to the Grain*—“Jeanne Kelley is not like you and me.

Her real genius is in assemblage, the ability to transform a seemingly random plateful of vegetation into a composition perfectly evocative of the season, and the gift of *Salad for Dinner* is that it lets us do the same.

•Jonathan Gold, Pulitzer Prize-winning columnist for L.A. Weekly

“Jeanne Kelley shows you how to make a salad that will rock your dinner table. From growing your own to foraging greens, Kelley expands your salad horizons.”

•Erik Knutzen, co-author of *The Urban Homestead* and *Making It: Radical Home Ec for a Post Consumer World*

“Since southern California is one of the world’s great salad bowls, both in terms of its superb produce and the cross-pollinating ethnic variety of its population, you couldn’t possibly find a better cook than Los Angeles-based Jeanne Kelley to help you discover its culinary bounty. She’s also a serious but very charming writer, and this beautifully produced book should be sold with a spatter-guard, since it’s one that will live in the kitchen.”

•Alexander Lobrano, *Saveur* writer and author of *Hungry for Paris*

“Jeanne’s homage to salads is wonderful. I love the clean, simple sophistication of the cookbook, and the recipes are innovative as well as informative. This book is like a salad bible, and will inspire you to cook, garden, entertain, and appreciate all the joys of living. This is no coffee-table book—it will stay in your kitchen at all times.”

•Suzanne Tracht, Chef/Owner of Jar, Los Angeles, *Top Chef Masters* star, and *Food and Wine Best New Chef*. “The photos are lavish; the recipes are both imaginative and easy to follow.”

—San Diego Magazine “...this is simply a book you really want to cook from. There is a fantastic glossary of greens that tells you about those market finds and what to do with it, followed by a primer on how to build a great salad.”

—LA Weekly Blog

Jeanne Kelley has written for *Bon Appétit* magazine for twenty years and is a frequent contributor to *Cooking Light* and *Fine Cooking*. Her articles have also appeared in the *Los Angeles Times Magazine*, *Prevention*, and *Cooking.com*. She is the author of *Blue Eggs and Yellow Tomatoes*.

I LOVE this cookbook! I was a little intimidated when I read how many of her own vegetables Jeanne grows, but while there are a lot of somewhat exotic ingredients included in the book, she gives clear advice on where to find them or how to make substitutions if they’re not available. The book is broken up into four sections: Vegetarian, Fish & Seafood, Poultry, and Meat (I’m sure a gourmet chef would disagree with me, but I’ve found that even the non-vegetarian salads can be made vegetarian quite easily without a great sacrifice to taste). Along with countless salad recipes, the book also provides instructions on how to make a plethora of side items: dressings, breads, and

saucers, along with salad elements (like roasted beets) required in the recipes. There is a handy list of salads that can be made a day (or more) ahead of time, if you want to plan for tomorrow's lunch, as well as a timeline for which items can be prepared one, two, or three days in advance to save yourself time when you're ready to throw it all together (she also provides clear instructions on how to pack a salad to preserve flavor and crispness). The book also contains a list of salads which can be made without lettuce, if you have difficulty procuring it or want to find one at quick glance, a wheel to identify what is most likely to be in season at a given time, and an incredibly detailed and inspiring index of different greens you might use in a salad. This cookbook is quickly becoming my favorite go-to for any occasion! There is no nutrition information provided for the recipes, so if that's important to you you'll need to estimate that yourself. The only thing I wish this book provided was a list or glossary with recipes sorted based on some of the more hard-to-find ingredients (if I'm traveling an hour out of my way to pick up a few ingredients, it would be great to be able to easily glance and see which different salads I might plan on making with them that week) - but that is nitpicking an excellent, usable cookbook!

A beautiful book to savor over a cup of tea on a lazy afternoon. Keep a pencil/pad nearby to make a shopping list. The range is wonderful. Easy to complicated. Light to very filling. Gorgeous photos. Excellent instructions. Would make an outstanding and unusual gift for someone who likes cookbooks or someone wanting to improve their meals.

Made 2 salads so far, and so far really like it. The steak salad was delicious especially the shallot blue cheese dressing.

Christmas present for my sister. She loves it!

Truly a must for everyone's cooking collection. So many salads to choose from, pictures to help you select what looks best to you and with variations of the salads shown...you will never get bored with the same old salads.

From whole meals to side salads this has become a firm favourite. I open it for inspiration before I shop. It's great that I can go straight to the section for whatever meat, poultry, seafood I have available and create something on the spot. We are eating more variety and quantity of leafy veg, legumes and nuts because now I know what to do with them!

We love this cookbook! Salad really can be a meal. This book has a wide variety of options including with or without meat. The homemade dressings really make the salads. We eat so much healthier and utilizing the farmers market more now that we have this book. Highly recommend!

This is a great book for interesting and unusual salads; good if you like trying out new recipes on dinner guests. I've liked everything I've tried from this book so far.

[Download to continue reading...](#)

SALADS: The 500 Best Salad Recipes (salads for weight loss, salad, salad recipes, salads, salad dressings, salad dressing recipes, paleo, low carb, ketogenic, vegan, vegetarian, salad cookbook) Salads: 365 Days of Salad Recipes (Salads, Salads Recipes, Salads to go, Salad Cookbook, Salads Recipes Cookbook, Salads for Weight Loss, Salad Dressing Recipes, Salad Dressing, Salad) Salad for Dinner: Complete Meals for All Seasons Salad Dressing Recipes: Top 50 Most Delicious Homemade Salad Dressings: [A Salad Dressing Cookbook] Casseroles: 365 Days of Casserole Recipes for Quick and Easy Meals (Casserole Cookbook, Party Recipes, Family Meals, One Dish Recipes, Dump Dinner, Make Ahead Meals) Crock Pot: Delicious Crock Pot Dump Meals, Freezer Meals and More! (Crock Pot, Crockpot Recipes Cookbook, Dump Meals, Freezer Meals, Chicken and Soup Recipes) Make Ahead Meals: Delicious, Healthy, Low Carb Make Ahead Freezer Meals Recipes For The Busy Individual (Frugal Cooking, Meals For One, Cooking For One, ... Recipes, Easy Meals, Slow Cooker Cookbook) Make Ahead Vegan Cookbook: Top 50 Vegan Lifesavers Meals-Fill The Dinner Table In No Time At All With Plant-Based Whole Foods Meals Mason Jar Salads: Quick and Easy Recipes for Salads on the Go, in a Jar (mason jar meals, mason jar recipes, meals in a jar, mason jar salads, mason jar lunch, salad to go, quick and easy recipes) Salad Leaves For All Seasons: Organic Growing from Pot to Plot Top 50 Most Delicious Homemade Salad Dressing Recipes [A Salad Dressing Cookbook] (Recipe Top 50's Book 106) Egg Salad Recipe Book: Delectable Egg Salad Recipes Asian Salads Book: The Ultimate Asian Salad Dressing Cookbook and Best Asian Salad Recipes You Will Ever Find! Salad Cookbook: Healthy And Delicious Salad Recipes For Helping You Burn Fat And Lose Weight! Salad Dressing Recipes: 120 Delightful Homemade Salad Dressings Just for You! (120 Easy Recipes Book 6) Super Paleo SALAD Recipes: (Easy SALAD Recipes) [Kindle Edition] Salad Dressing: 59 Healthy Homemade Salad Dressing Recipes For Vegetarian, Vegan, And Plant Based Diet. No Oil. No Mayo. No Vinegar. (Healthy Recipes. Healthy Cookbooks To Keep In Your Kitchen.) Raw Vegan Sauces and Salad Dressings: Delicious and Nutritious Sauce and Salad Dressing Recipes. Potato Salad

Cookbook: Healthy Delicious Potato Salad Recipes Crock Pot: 2,000 Crock Pot Recipes Cookbook
(Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer
Meals Recipes, Crock Pot Cookbook)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)